

Information booklet



2025 South African Nationals & South African Invitational

Registrations open from **01st August to Sunday 31st August 2025**

Click to register: <https://forms.gle/uVYfcTfGMjsHeV3C8>

Parents and Athlete's WhatsApp Group Link:
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

REGISTRATION DEADLINE: Sunday, 31st August 2025

COMPETITION DATES

BOULDERING Qualifiers	Friday, 12th Sept	Bloc11 – Diep River
BOULDERING Qualifiers	Saturday, 13th Sept	Bloc11 – Diep River
BOULDERING FINALS	Saturday, 13th Sept	Bloc11 – Paarden Eiland

LEAD CLIMBING	Sunday, 14th Sept 2024	CityROCK Cape Town
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Proud Venues & Hosted by: Western Cape Climbing

Visit our website: www.westerncapeclimbing.co.za



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Introduction

Western Cape Climbing welcomes the Provincial athletes to the SANCF National Competition.

- **Open Selections**

This event will be used as part of the ranking process for the 2026 IFSC Open Selection of the South African Open Team.

- **Youth and Open National Champions**

This event will be used to select National champions and establish a ranking in each age category.

It will also select Youth athletes wishing to compete in IFSC European Youth Competitions in 2026

- **Punctuality**

Please bear in mind that the competition will run strictly according to a timetable. Kindly allow enough time for travel delays.

- **Technical Officials**

Anyone able to assist as a Technical Official at the event, please contact secretary@westerncapeclimbing.co.za before Friday **29th August 2025**.

1. When & Where

The 2025 National Boulder Selection Event – Youth C + Youth B Boulder **QUALIFIERS** will be held on:

- ✓ **Friday 12th September 2025 at Bloc11 Diep River, Cape Town**

The address for Bloc 11 is:

23 Estmil Street, Diep River, Cape Town, 7800. For more information, please visit their website <https://bloc11.co.za>

<https://maps.app.goo.gl/XwWwyxgC5zMCYyGA>

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

All Athletes & Parents: <https://auth.bloc11.co.za/indemnity.html>

The 2025 National Boulder Selection Event – OPEN (Youth A, Junior & Senior) Boulder **QUALIFIERS** will be held on:

- ✓ **Saturday 13th September 2025 at Bloc11 Diep River, Cape Town**

The address for Bloc 11 is:

23 Estmil Street, Diep River, Cape Town, 7800. For more information, please visit their website <https://bloc11.co.za>

<https://maps.app.goo.gl/XwWwyxgC5zMCYyGA>

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

All Athletes & Parents: <https://auth.bloc11.co.za/indemnity.html>

The 2025 National Boulder Selection Event – **FINALS** YOUTH (Youth C & B) and **FINALS** OPEN (Youth A, Junior & Senior) Boulder will be held on:

- ✓ **Saturday 13th September 2025 at Bloc11 Paarden Eiland, Cape Town**

The address for Bloc 11 is:

18 Auckland Street, Paarden Eiland, Cape Town, 7800. For more information, please visit their website <https://bloc11.co.za>

<https://maps.app.goo.gl/sUdCk9pxeSMZWskz7>

- **Prize Giving**

Saturday, 13th September 2025 at Bloc11, Paarden Eiland. There will be 2 prizegiving rounds. One after Youth C and Youth B, and then at the end of the day for the Youth A, Junior & Senior athletes.

The 2025 National Lead Competition will be held on the following day:

This will entail a 2-route lead qualification round followed by a Final Round:

- ✓ **Sunday, 14th September 2024 at CityROCK, Paarden Eiland, CPT**

The address for CityROCK is:

9 Milner Street, Paarden Eiland, Cape Town 7405

For more information, please visit their website. Use the following link for the map. <https://maps.app.goo.gl/CvR183tu8ueTe23r7>

- **Waiver**

All Athletes / parents must complete the waivers for CityROCK:

Adult Athletes & Spectators: <https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes: <https://waiver.smartwaiver.com/v/cityrockminor/>

- **Prize Giving**

Sunday, 14th September 2025 at CityROCK. There will be 2 prizegiving rounds. One after Youth C and Youth B, and then at the end of the day for the Youth A, Junior & Senior athletes.

All athletes who have podiumed are expected to be present at the prize giving.

Technical Meeting

A Technical Meeting will be held online on Thursday, 11th September 2025 at 18:00.

The following individuals should be in attendance:

1. WCC Manco
2. SANCF Manco
3. Provincial Manco reps
4. Team management and coaches
5. Headsetters from both venues

A link will be provided to all provinces before the meeting.

2. Age groups, Disciplines and number of Athletes for National Competitions

Provinces are requested to please send names and the category under which each will be participating to secretary@westerncapeclimbing.co.za by **Friday 29th August 2025**.

We will be using the results from this competition for the 2026 IFSC competitions. Therefore, this competition will be using **2026 age groups**.

Number of Athletes:

Five (5) provincial athletes per age category, per gender, per discipline are allowed, unless wildcard entries have been submitted due to extenuating circumstances.

Age/Gender Categories (All Disciplines)

- Open Combined Male (Youth A, Open & Senior)
- Open Combined Female (Youth A, Open & Senior)
- Senior Male
- Senior Female
- Junior Male
- Junior Female
- Youth A Male
- Youth A Female
- Youth B Male
- Youth B Female
- Youth C Male
- Youth C Female

IFSC AGE GROUP CATEGORIES FOR 2025

			YEAR OF COMP	2026	
YWCH	OPEN IFSC			Date Range	
	OPEN IFSC		Senior	2005	and earlier
	OPEN IFSC	Junior	Junior	2006	2007
YWCH	OPEN IFSC	Youth	A	2008	2009
YWCH			B	2010	2011
		Youth	C	2012	2013

3. Structure of events – Event Format

Rules:

Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. Anyone with further questions is welcome to discuss with the Jury President of the competition, who will be the final arbiter, and clarify any rules issues. For this competition, the **Jury President** will be **Chris Naude**.

Format for Boulder:

- a. For all athletes there will a QUALIFIER boulder round of 6 boulders – Broken up into 2 round of 3 boulders. (so a total of 6 boulders) Six (6) boulder problems will be climbed by each category and the total scores from all six problems will be used to determine the 8 athletes that will progress to the Final Round.
- b. There will be a Youth Combined Final (Youth C & B) and an OPEN Final (Youth A, Junior and Senior). This round will consist of 4 boulders. The winners will be determined in this round. There will be a Youth National Champion and a Open National Champion.
- c. In the case of the Youth Final – 4 athletes from Youth C and 4 Athletes from Youth B will progress to the final round.
- d. The Final ranking positions for each age group will be determined by the final, followed by the qualification round. If athlete A beats athlete B in qualifiers, but the results in finals are reversed (Athlete B beats Athlete A) then athlete B will determined as the winner.
- e. It is a Flash competition so each athlete will have 4 minutes per boulder problem (there will be a 15 second admin time built-into the system, with a 4-minute rest period between climbs. With a full viewing of all boulders in a period before all climbing starts – 2 minutes per boulder so a maximum of 12 minutes for all athletes.
- f. The competitor must establish on the starting holds of each problem before commencing their attempt as per 2025 IFSC Rules.
- g. The attempt will be considered started the moment both feet leave the floor and will be deemed completed when the climber has topped the problem or fallen.
- h. The starting order will be randomised.
- i. A 2-minute viewing per problem will be held before the start of each category's round.
- j. Athlete's may not ask about beta. Athlete's may only touch the marked starting holds during the viewing period. No other holds may be touched, and feet may not leave the ground.
- k. No score shall be awarded for a "touched" hold. A zone hold must be used by the athlete in order to maintain a stable and controlled position. Only use of hands on the zone hold are valid for a zone point.
- l. A athlete needs to be in full control of the top hold with both hands on the hold to be given the top.

- m. If any podium placed final competitors remain tied following the finals, we will revert to the qualification scores. If no separation is achieved there we will require a super final to break the tie.

Format for Lead:

- a. All athletes will climb Two (2) qualifying routes will be climbed by each category and the new IFSC numerical scoring method will be applied.
 - i. This will be used to determine those 8 athletes in the OPEN category who will progress to the final.
 - ii. In the Youth C and Youth B age groups the top 4 athletes from each age groups will progress to the Youth Combined Final (a total of 8 athletes)
 - iii. These routes will be **flash format**. Videos of the routes will be sent out to all athletes prior to the event. Athletes will be required to be in the holding area approximately 30 minutes before their climbing time (about 3-5 climbers at a time) There will be **no isolation**, but it will be the individual athlete's responsibility to ensure that they are in the call zone prior to their allotted climbing time. If they are not there they will forfeit their climb.
 - iv. All age groups will be separated. Age group ranking placement (Youth C, Youth B, Youth A, Junior and Senior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round.
 - v. The Open age group will also be separated out for the podium. OPEN Combined age group podiums will be Youth A, Junior and Senior athletes.
- b. The top eight (8) climbers in the OPEN Combined category (Youth A, Junior and Senior) will climb one (1) final route. The top 4 athletes from Youth B and Youth C will progress to finals with one (1) final route.
 - i. The final will determine the ranking of those athletes, whereafter the ranking from the qualifiers will be applied for each category.
 - ii. If athlete A beats athlete B in qualifiers, but the results in finals are reversed (Athlete B beats Athlete A) then athlete B will be determined as the winner.
 - iii. All age groups will be separated. Age group ranking placement (Youth C, Youth B, Youth A, Junior and Senior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round.
 - iv. The final route will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation. The route will not be demonstrated, and they will not be allowed to watch anyone climb the routes nor share information about the route.
 - v. Tied results will be resolved by the rollback to qualifiers and thereafter time to complete the final route.
 - vi. All age groups will be separated and have podium places.

- vii. The Open age group will also be separated out for the podium. OPEN Combined age group podiums will be Youth A, Junior and Senior athletes.

The start orders will be in a randomised order.

- d. The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have their chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by their belayer to the route. The competitor will have 30 seconds to view the route immediately before their climb.
- e. The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen.
- f. Climbers have only one attempt per route and have a maximum of six (6) minutes per route after which they will be called down.
- g. The score on each route is judged by the highest hold that is reached and controlled.

Format for Speed:

Please note that there will be no SPEED at this competition. Speed selections will be based on official competition times at the following events.

- 1. Gauteng Provincials 2025
- 2. Western Cape Provincials 2025
- 3. Any international IFSC competition
- 4. Any official country's competition.

COMPETITION RULES:

- Upon entry into isolation, phones and all bluetooth devices will be taken and placed into a box. These can be retrieved once the athlete has completed their climbing round.
- Only registered officials will be allowed into the isolation zone, this will include (with good reasons):
 - Nationals Event officials
 - Jury President – Christopher Naude
 - Chief scorer – Geoffrey Meyer
 - Headsetters
 - Volunteers whose duties relate to isolation matters: including:
 - Isolation manager
 - Isolation stewards and runners
 - Registration volunteers
 - Coaches, team managers, medical personnel pre-registered by the provinces:
 - These individuals may only be permitted to enter with a valid reason deemed valid by the isolation manager.

- They may be required to be escorted by an isolation steward or selection event official while in isolation to ensure fairness to all athletes.
- Should coaches wish to work with their team members for warm up, they are permitted to do so, however, once they have left the isolation zone and watched the climbing round, they will only be permitted back in the space in the presence of an isolation steward or selection event official.

4. Costs and payment

All competitors MUST register as SANCF members via their province with SANCF prior to entering the competition.

1. All athletes must register on the WCC Google Form:

<https://forms.gle/uVYfcTfGMjsHeV3C8>

2. All athletes must pay WCC directly by 31st August 2025.

Banking details:

Western Cape Climbing

First National Bank

Branch Number: **204209**

Branch: Cavendish

Account Number: **62380592652**

Account Type: Cheque Account

Please list your name as a reference on the deposit slip

Kindly email the proof of payment to treasurer@westerncapeclimbing.co.za

Or by Snapscan :

- ✓ The Competition SnapScan payment link is:

https://pos.snapscan.io/qr/wcc_comp

3. Cost of the competition:

- **R750 for all athletes – any number of disciplines**

All competitors must be registered and paid-up members of SANCF and their respective provinces and have a valid **SANCF Competition license**.

Provincial management please ensure that we have the list of selected competitors timeously – latest by **Friday 29th August 2025**.

5. Timetable

There will be no pre-registration for this event. Registration will be on the day of the discipline that you are taking part in, as per the timetable. Your bib/number will be given to you then.

Please refer to the timetable for registration and isolation times. The timetable will be sent out on **Monday, 8th of September** once all athlete numbers have been finalized.

If you are only competing in one discipline you need only register at the specified registration time for your age group of that discipline.

Timetables will be circulated via the WhatsApp Group. Please ensure that you join the group with the link given. –

<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>

APPROXIMATE TIMETABLE

Athletes must be available on the day that their discipline has been scheduled. This is an indoor event so the weather will not cause the day to change.

FRIDAY, 12th SEPT 2025
BOULDER QUALIFICATIONS - YOUTH C & YOUTH B
BLOC11 Diep River
TIME 15:00

SATURDAY, 13th SEPTEMBER 2025
BOULDER QUALIFICATIONS – OPEN (YOUTH A, JUNIOR, SENIOR)
BLOC11 Diep River
TIME 07:00

SATURDAY, 13th SEPTEMBER 2025
BOULDER FINALS – YOUTH (YOUTH C & YOUTH B)
OPEN (YOUTH A, JUNIOR, SENIOR)
BLOC11 Paarden Eiland
TIME AFTERNOON

SUNDAY, 14th SEPTEMBER 2025
LEAD QUALIFICATIONS (ALL AGE GROUPS)

FOLLOWED by LEAD FINALS
YOUTH COMBINED (YOUTH C & B)
OPEN (YOUTH A, JUNIOR, SENIOR)

CITYROCK CAPE TOWN

Open Combined Lead Athletes (Youth A, Juniors & Senior) - please do not book flights earlier than 21:00 departure, no guarantees on final finish time can be given.

6. What to Wear

- All athletes must wear their provincial vest or shirt.
- Athletes are to bring their **own gear** including chalk, shoes and harness (and helmet).
- For the Lead event athletes **must** bring their own rope. We will have some WCC ropes available for use for out-of-towners. ALL WCC athletes must bring their own ropes.
- The competition bib including the number provided at registration should be displayed clearly on the back of the vest or shirt.
- Please introduce yourself to your judge to confirm identification.

7. Volunteers

The success of the event is dependant on assistance from volunteers; should you be able to volunteer as a scorer, judge, runner or spotter, please complete the volunteer google form by no later than **29th August 2025**.

Please can we make use of qualified volunteers from other provinces. It really helps.

Link to sign up: <https://forms.gle/GuM26aVwPXWeWYLt9>

8. Refreshments at competition venue

Refreshments will be available at both venues. Competitors are advised to bring their own food and drinks, especially whilst in isolation. Drinks will be provided for the volunteers. CityROCK has Vida E-Caffe and Bloc11 has a basic restaurant to purchase food and drinks.

9. Video Recording

There will be no official video recordings taken at this event. Should an athlete feel that they may be required to lodge an appeal at any stage of the competition the onus will be on that athlete to ensure that a friend or family member has recorded their climb.

10. Photography and social media

Photographs taken by the organisers and spectators may be posted on social media accounts of the organisers. This permission / waiver will be included in the competition registration form. Surefooted Photography will be taking official photographs for sale to the athletes after the event.

11. Contact details

Geoffrey Meyer – SANCF Secretary – Chief Scorer

082 882 8281

secretary@westerncapeclimbing.co.za

Rolf Fitschen – WCC President

083 414 1819

president@westerncapeclimbing.co.za

Christopher Naudé – SANCF President – Jury President

063 538 4516

president@sancf.org

Zoe Donald – Competition Manager

082 369 3266

zoe.donald@me.com

Chris Allan – Isolation Manager

082 922 8912

callan@wam.co.za

12. Technical Incidents

It is the competitors' responsibility to be familiar with the definitions of technical incidents should they be in a position to call for one. A technical incident is defined as any occurrence that results in a disadvantage or unfair advantage to a competitor, which is not the result of an action on the part of the competitor, called by the competitor and confirmed by the judge, and may allow the climber to make another attempt. Examples are a loose or broken hold, or a tight rope which either assists or hinders a competitor. The confirmation or non-confirmation of a technical incident shall be made by the Jury President in consultation with the Chief Route Setter and Technical Delegate.

13. Appeals Process

An appeal concerning any competitor must be made within five (5) minutes of the publication of the official results, in writing on an appeal form, available from the event organiser, along with a fee of R200. Should the appeal be upheld, the competitor will be entitled to a refund of R200.

Any appeal will be considered by an appeal committee. The Appeal Committee comprises the Jury President, the Chief Route Setter, the Chief Scorer and the Technical Delegate. The decision of the appeals committee is **final**.

14. Anti-Doping

The SANCF is affiliated to both the International Federation of Sport Climbing (IFSC) and South African Sports Council and Olympic Committee (SASCOC) in terms of which the SANCF has adopted the World Anti-Doping Agency (WADA) Code. The code applies to all competitions held under the auspices of the SANCF and its members and all competitors, coaches, trainers and officials have deemed to have agreed to comply with the code and are fully aware of the list of prohibited substances and medication and confirm they have not taken any of these substances. Please refer to www.wada-ama.org in this regard. Doping violations will be dealt with in accordance with the IFSC Anti-Doping policy and procedure. Please be advised that randomised testing may be conducted during the competition.

15. Documentation

This Information Brochure is to be read in conjunction with the following documents, and the onus is on the athlete to familiarise him or herself with the prescribed regulations:

- SANCF Athlete Registration and Entry Form
- SANCF Athletes Code of Conduct
- SANCF Parents Code of Conduct
- SANCF Anti-Doping Policy
- SANCF Indemnity Form
- SANCF Athlete Selection Policy

16. Summary – what you must do!

Item Due date:

- ✓ Finalize final provincial team list and send the finalized list to GC by **midnight 29th August 2025**
- ✓ Each Athlete to register at <https://forms.gle/uVYfcTfGMjsHeV3C8> by midnight on the **31st August 2025**
- ✓ Signup for the Athlete/Parent WhatsApp Group to obtain crucial information easily from the organisers:
WhatsApp Group Link :
<https://chat.whatsapp.com/KQrNHuk52S33wcRkxYGp50>
- ✓ Signup to Volunteer: <https://forms.gle/GuM26aVwPXWeWYLt9>
- ✓ Complete both online waivers for CityROCK:
 - Parent / Minor <https://waiver.smartwaiver.com/v/cityrockminor/>
 - Adult Waiver - <https://waiver.smartwaiver.com/v/cityrockadult/>
- ✓ Arrive on 12th , 13th and 14th of September 2025 at your allocated time for the competition registration.

17. Legal Disclaimer

All climbing related activities are completely at your own risk. The organizers, Gauteng Climbing, SANCF, the sponsors and venue owners accept no responsibility for any losses, injury or death. All participating climbers, helpers, organizers and spectators take full responsibility for themselves.