

SANCF NATIONAL CHAMPIONSHIP

ORGANISATION	SA CLIMBING OFFICIALS President: Chris Naude 083 538 4516 president@sancf.org Secretary: Geoff Meyer 082 882 8281 secretary@westerncapeclimbing.co.za LOCAL ORGANISING AUTHORITY Western Cape Climbing President: Rolf Fitschen 083 414 1819 president@westerncapeclimbing.co.za Competition Manager: Zoe Donald 082 369 3266 zoe.donald@me.com
EVENT OFFICIALS	Jury President: Chris Naude Chief Scorer: Geoff Meyer Boulder Head Setter: Tiffany Wells Lead Head Setter: Chevaan Patience Isolation: Chris Allan Volunteers: Zoe Donald Safeguarding Officer: Sandy Young Paramedic: Elmarie Flynn
REGISTRATIONS	Registrations Open: 1 August 2025 Registrations Close: 31 August 2025 <i>This competition is by invitation only and a list of Athletes from each age group per province must be submitted to secretary@westerncapeclimbing.co.za by provincial officials Friday 29 August 2025.</i> All Athletes must register as a member of SANCF via your Province before registering for Nationals. These are separate fees. Competition Registration Costs: R750 for the weekend regardless of how many disciplines are competed in. Payment link is available in the registration form below. Athletes / Parents to register at the link below: https://forms.gle/uVYfcTfGMjsHeV3C8
TRAVEL	Please ensure that those travelling from other provinces & countries leave enough travel time to arrive before the allotted registration time. If you do not register in time, you will not be allowed to climb. We advise not booking a flight out of Cape Town before Sunday morning 14th September for Boulder and 9pm on Sunday 14th September for those taking part in Lead.
SEASONED VOLUNTEERS	To join the army of volunteers simply sign up: https://forms.gle/wHHPMNZF43JQozoN7 And then join our volunteer WhatsApp group: https://chat.whatsapp.com/DsWGpXaBjV43crXq6e290W?mode=ems_copy_c

AGE GROUPS

YEAR OF COMP

2026

YWCH

OPEN IFSC

Date Range

OPEN IFSC

Senior

2005

and earlier

OPEN IFSC

Junior

Junior

2006

2007

YWCH

OPEN IFSC

Youth

A

2008

2009

YWCH

B

2010

2011

Youth

C

2012

2013

Number of Athletes: Five (5) provincial athletes per age category, per gender, per discipline are allowed, unless wildcard entries have been submitted due to extenuating circumstances.

VENUES

COMPETITION VENUES & TRAINING POSSIBILITIES

Bloc11 Diepriver

23 Estmil Street, Diep River, Cape Town

<https://maps.app.goo.gl/XwWwyxgC5zMCYyGA>

Basic Café available for drinks and snacks

Bloc11 Paarden Eiland

18 Auckland Street, Paarden Eiland, Cape Town

<https://maps.app.goo.gl/sUdCk9pxeSMZWSkz7>

CityRock Cape Town

9 Milner Street, Paarden Eiland, Cape Town

<https://maps.app.goo.gl/CvR183tu8ueTe23r7>

Onsite VidaE Cafe

Boulder Athletes complete Bloc11 Waiver:

<https://auth.bloc11.co.za/indemnity.html>

Lead Athletes complete CityRock Waiver:

Adult Athletes & Spectators:

<https://waiver.smartwaiver.com/v/cityrockadult/>

Minor Athletes:

<https://waiver.smartwaiver.com/v/cityrockminor/>

VENUE ACCESSIBILITY

Bloc11 Paarden Eiland – off limits from Wednesday 10th Sep

Bloc11 Diepriver – Off limits from Thursday 11th Sep

CityRock – Off limits from Monday 9th Sep (Other countries may visit CityRock until Midday Tuesday)

TRAINING POSSIBILITIES

Krag Sentrale

48 Milton Road, Observatory, Cape Town

https://maps.app.goo.gl/ttkFvwV9bq2BYCVp9?g_st=ipc

(Open to athletes from 10am-10pm. R75 per day.)

BOULDER QUALIFICATIONS

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BOULDER		Friday 12 th September @ Bloc11 Diepriver
YOUTH C & B BOULDER QUALIFICATION ROUND		
14:30		Warm up Opens if needed
15:00	15:20	Registration / Iso Opens / Profile photos will be taken on arrival
15:20	15:30	Briefing / Iso closes
15:30	15:42	Viewing
16:00	20:20	Climbing Youth C, B
		18:15 & 20:15 Top 4 Announcements for Finals by Chris Naude
BOULDER		Saturday 13 th September @ Bloc11 Diepriver
YOUTH A, JUNIOR & SENIOR BOULDER QUALIFICATION ROUND		
07:00		Gym Opens / Warm up begins in iso if needed
07:15	07:45	Female Registration / Iso Opens / Iso closes 7:45
07:50	08:00	Briefing / Profile photos will be taken on Arrival
08:00	08:15	Viewing 12 mins (2 mins per Boulder x6)
08:30	11:00	Female Climbing – 6 Boulders (2 groups)
11:20		Female Top 8 Announcement by Chris Naude
10:00	10:30	Male Registration / Iso Opens / Iso Closes 10:30
10:50	11:00	Briefing
11:05	11:20	Viewing 12 mins (2 mins per Boulder x6)
11:30	14:30	Male Climbing – 6 Boulders (2 groups)
14:45		Male Top 8 Announcement by Chris Naude
TRAVEL TO BLOC11 PAARDENEILAND FOR FINALS		

JUNIOR FINALS		Saturday 13 th September @Bloc11 Paarden Eiland
YOUTH C & B BOULDER FINAL		
14:30	15:00	Registration / Iso Opens / Warm up begins
15:00	15:30	Briefing / Iso Closes 15:00
15:30	15:40	Viewing
16:00	17:00	Female Boulder Final – 4 Boulders
16:38	17:40	Male Boulder Final – 4 Boulders
Followed by		Junior Boulder Prize Giving
OPEN FINALS		Saturday 13 th September @Bloc11 Paarden Eiland
ALL FEMALE FINALS ATHLETES - BOULDER FINAL		
16:30	17:00	Registration / Iso Opens / Warm up begins
17:00	17:30	Briefing / Iso Closes 17:00
17:40	17:50	Viewing
18:00	19:00	Women's Boulder Final
ALL MALE FINALS ATHLETES - BOULDER FINAL		
17:45	18:15	Registration / Iso Opens / Warm up begins
18:15	18:45	Briefing / Iso Closes 18:15
19:00	19:10	Viewing
19:15	20:15	Men's Boulder Final
Followed by		Open Boulder Prize Giving

LEAD QUALIFICATION & FINALS

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LEAD		Sunday 14 th September @ CityRock
ALL FEMALE ATHLETES - LEAD QUALIFICATION ROUND		
07:00	07:30	Gym Opens & Warm up begins if needed
07:30	08:00	Registration – All FEMALE lead athletes (Youth C, B, A, Junior, Senior)
08:00	08:20	Briefing
08:15		Holding area opens
08:30	10:15	Female Lead Qualification Round begins (2 Routes)
ALL MALE ATHLETES - LEAD QUALIFICATION ROUND		
09:00	09:30	Registration – All MALE lead athletes (Youth C, B, A, Junior, Senior)
09:30	09:50	Briefing
10:15		Holding area opens
10:30	13:30	Male Lead Qualification Round begins (2 Routes)
JUNIOR (C&B) & OPEN LEAD FINALS		
14:30	15:00	Registration, Iso Opens & Warm Up – All Finalists (Youth C, B, Open)
15:00	15:15	Viewing
15:15	16:00	Junior Finals (M&F)
16:00	16:35	Open Finals (M&F)
17:00	18:30	Lead Prize Giving – All Age Groups

UNIFORM	ATHLETES TO WEAR / BRING 1. Provincial vest or shirt. 2. Own chalk & bag, shoes and harness (and helmet). 3. Own rope. (We will have some WCC ropes available for use for out-of-townners. ALL WCC athletes must bring their own ropes.) 4. Competition bib including the number provided at registration should be displayed clearly on the back of the vest or shirt at all times.
TECHNICAL MEETING	The Technical Meeting will be held online on Thursday, 11th September 2025 at 18:00. The following individuals should be in attendance: 1. WCC Manco 2. SANCF Manco 3. Provincial Manco reps 4. Team management and coaches 5. Head setters from both venues A link will be provided to all provinces before the meeting.
LIVE STREAM & PHOTOGRAPHY	Live stream by: Blackbird Productions Link tbc Athlete Route Videos There will be no official video recordings taken at this event. Should an athlete feel that they may be required to lodge an appeal at any stage of the competition the onus will be on that athlete to ensure that a coach, friend or family member has recorded their climb.
HEALTHCARE INFO	Medical Officer: Chris Allan Senior paramedic: Elmarie Flynn 079 523 6222 Ambulance & Paramedics: Metro EMS There will be a team of paramedics at the venue during the whole competition. Local Hospital: Netcare Christian Barnard Hospital (Private) https://maps.app.goo.gl/HiYus46ExBmQioUU8?g_st=ipc Climbing Physio: Chris Allan 082 922 8912 Julia Smigelskis 082 858 4060
RULES	Scoring will be as per IFSC rules unless otherwise stated and will be explained during the briefing session. An abbreviated guide to the rules will be on display at the venue and in the isolation area. This is a Flash competition so Lead Route videos for qualification routes will be sent out on Saturday evening. Finals will be onsite with Iso in place. Anyone with further questions is welcome to discuss with the Jury President of the competition, who will be the final arbiter, and clarify any rules issues. For this competition, the Jury President will be Chris Naude. Upon entry into isolation, phones and all bluetooth devices will be taken and placed into a box. These can be retrieved once the athlete has completed their climbing round. Only registered officials will be allowed into the isolation zone.

DETAILED EVENT FORMAT	Format for Boulder: - For all athletes there will be a QUALIFIER boulder round of 6 boulders – Broken up into 2 round of 3 boulders. (so a total of 6 boulders) Six (6) boulder problems will be climbed by each category and the total scores from all six problems will be used to determine the 8 athletes that will progress to the Final Round. - There will be a Youth Combined Final (Youth C & B) and an OPEN Final (Youth A, Junior and Senior). This round will consist of 4 boulders. The winners will be determined in this round. There will be a Youth National Champion and an Open National Champion. c. In the case of the Youth Final – 4 athletes from Youth C and 4 Athletes from Youth B will progress to the final round. - The Final ranking positions for each age group will be determined by the final, followed by the qualification round. If athlete A beats athlete B in qualifiers, but the results in finals are reversed (Athlete B beats Athlete A) then athlete B will determined as the winner. - It is a Flash competition so each athlete will have 4 minutes per boulder problem (there will be a 15 second admin time built-into the system, with a 4-minute rest period between climbs. With a full viewing of all boulders in a period before all climbing starts – 2 minutes per boulder so a maximum of 12 minutes for all athletes. - The competitor must establish on the starting holds of each problem before commencing their attempt as per 2025 IFSC Rules. - The attempt will be considered started the moment both feet leave the floor and will be deemed completed when the climber has topped the problem or fallen. - The starting order will be randomised. - A 2-minute viewing per problem will be held before the start of each category's round. - Athlete's may not ask about beta. Athlete's may only touch the marked starting holds during the viewing period. No other holds may be touched, and feet may not leave the ground. - No score shall be awarded for a "touched" hold. A zone hold must be used by the athlete in order to maintain a stable and controlled position. Only use of hands on the zone hold are valid for a zone point. - A athlete needs to be in full control of the top hold with both hands on the hold to be given the top. 8 - If any podium placed final competitors remain tied following the finals, we will revert to the qualification scores. If no separation is achieved there we will require a super final to break the tie.
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DETAILED EVENT FORMAT	Format for Lead: a. All athletes will climb Two (2) qualifying routes will be climbed by each category and the new IFSC numerical scoring method will be applied. i. This will be used to determine those 8 athletes in the OPEN category who will progress to the final. ii. In the Youth C and Youth B age groups the top 4 athletes from each age groups will progress to the Youth Combined Final (a total of 8 athletes) iii. These routes will be flash format. Videos of the routes will be sent out to all athletes prior to the event. Athletes will be kept in the call zones during their round and will be permitted to watch each other. iv. All age groups will be separated. Age group ranking placement (Youth C, Youth B, Youth A, Junior and Senior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round. v. The Open age group will also be separated out for the podium. OPEN Combined age group podiums will be Youth A, Junior and Senior athletes. b. The top eight (8) climbers in the OPEN Combined category (Youth A, Junior and Senior) will climb one (1) final route. The top 4 athletes from Youth B and Youth C will progress to finals with one (1) final route. i. The final will determine the ranking of those athletes, whereafter the ranking from the qualifiers will be applied for each category. ii. If athlete A beats athlete B in qualifiers, but the results in finals are reversed (Athlete B beats Athlete A) then athlete B will be determined as the winner. iii. All age groups will be separated. Age group ranking placement (Youth C, Youth B, Youth A, Junior and Senior) will be firstly based on their positions achieved in Finals followed by their placement in the qualifying round. iv. The final route will be on-sight, meaning that the groups will be given five minutes to view the route prior to the climb before being confined to isolation. The route will not be demonstrated, and they will not be allowed to watch anyone climb the routes nor share information about the route. v. Tied results will be resolved by the rollback to qualifiers and thereafter time to complete the final route. vi. All age groups will be separated and have podium places. vii. The Open age group will also be separated out for the podium. OPEN Combined age group podiums will be Youth A, Junior and Senior athletes. c. The start orders will be in a randomised order. d. The individual competitor will be led to the route at the appropriate time by a belayer. The competitor must have his shoes and harness on and have their chalk. The Competitor must already be tied in and have been checked by his belayer and be accompanied by their belayer to the route. The competitor will have 30 seconds to view the route immediately before their climb. e. The attempt will be considered started the moment both feet leave the floor and is completed when the climber has either clipped the final draws or fallen. f. Climbers have only one attempt per route and have a maximum of six (6) minutes per route after which they will be called down. g. The score on each route is judged by the highest hold that is reached and controlled.
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